

# AWARD WINNING



# NEAPOLITAN PIZZA

## PRIZE-WINNING HEAD CHEF

OUR HEAD CHEF PAULO IS NOT ONLY AN AWARD-WINNING CHEF WITH A WEALTH OF EXPERIENCE BUT HIS PASSION & CREATIVITY INSPIRES THE WHOLE TEAM



Paulo has won many prestigious awards including 'Head Chef of the Year' in 2014 followed by the much-coveted 'Best Pizza' award at the Scottish Italian Awards 3 years later. However, Paulo wasn't satisfied with that and set his sights on the Italian Awards for the whole of the UK. His determination paid off when he won not only 'Best Pizza' but also 'Best Pizzaiolo' in the UK-wide championships the following year!

With over 18 years of experience, it would be true to say that Paulo is a master of his craft. His passion for Italian cuisine is clear and each morning begins the day by making pizza dough and lighting the wood fire in our pizza oven. Paulo insists on fresh quality ingredients in his traditional Neapolitan-style pizzas resulting in the delicious and authentic taste our customers come back for time and time again.

**PAULO'S**  
Wood Fired Pizzeria & Cocktail Bar

## PAULO'S SIGNATURE PIZZAS

### I SAPORI DELLA TERRA £24

☆☆ AWARD WINNER BEST PIZZA UK CHAMPIONSHIPS ☆☆

Tomato base, buffalo mozzarella, porcini mushrooms marinated in garlic & parsley, leaves of rocket, 36 month matured parmigiano reggiano, sliced truffle and modena balsamic pearls

### CORSA ALL'ORO Ⓝ £16

Tomato base, mozzarella fior di latte, mortadella I.G.P, burrata & crumbled pistachios

### DOLOMITE Ⓝ £17

Tomato base, smoked scamorza, speck ham & crispy leaves of sage

### DIAVOLA BY PAULO'S £17

Tomato base, buffalo mozzarella, pancetta, fennel sausage, nduja sausage, italian spinata (spicy salami), calabrese sausage, sliced roquito chilli topped with sweet roquito chilli pearls

### POMPEI BY PAULO'S Ⓝ £17

Tomato base, buffalo mozzarella, flat iron steak, balsamic pearls, drizzled with an olive oil, honey, garlic, parmesan, mint & parsley sauce

### PASCALINA BY PAULO'S Ⓝ £14

Turnip broccoli sauce, sunblush tomatoes, olives, garlic, strips of roquito chilli, crumbled walnuts & a drizzle of extra virgin olive oil

### PAULO'S SWEET Ⓝ £14

Chocolate dough, cream of white hazelnut, crumbled pistachios & lemon zest

## OUR PIZZAS

OUR AUTHENTIC NEAPOLITAN STYLE PIZZAS ARE MADE WITH THE FRESHEST INGREDIENTS & COOKED IN OUR WOOD FIRE OVEN



For full information about the ingredients we use in all of our award-winning neapolitan pizzas please scan the qr code to view.

## ALLERGENS

PLEASE LET OUR STAFF KNOW OF ANY FOOD ALLERGIES OR INTOLERANCES BEFORE ORDERING.

For full allergen information on all dishes at Froth & Flame please scan the qr code to view.



ALL OUR PIZZA MENU CAN BE SERVED AS A CALZONE. IF YOU'D PREFER A THIN & CRISPY PIZZA BASE PLEASE ASK FOR ROMANA STYLE.

## APPETISERS

- HAGGIS BON BONS** ..... £5.50  
Served with sweet chilli sauce, rocket & fresh parsley
- BRUSCHETTA** ♡ ..... £6  
Mix of San Marzano tomatoes with garlic, fresh basil & red onions on our house bread with olive oil & oregano
- HOUMOUS** ♡ ..... £6  
Served with bread sticks, olive oil & fresh coriander
- CAROZZA** ♡ ..... £7  
Fried mozzarella in breadcrumbs served with mixed salad, pomodoro sauce dip & fresh parsley
- HALLOUMI** ♡ ..... £6  
Pan seared halloumi cheese sat on roasted beetroot & butternut squash with pumpkin seeds, fresh coriander & sweet chilli glaze
- BURRATA BRUSCHETTA SALAD** ♡N ..... £9  
Burrata sat on San Marzano tomato bruschetta mix with green pesto
- CRISPY RAVIOLI** ..... £8  
Homemade pasta ravioli filled with chicken, pancetta & ricotta cheese, sat in pomodoro sauce, basil leaves & topped with parmesan
- FRESH CALAMARI** ..... £9  
Deep fried squid served with a lemon wedge & garlic mayo
- PANE CON CIPOLLA** ♡ ..... £8  
Pizza dough brushed with garlic butter, mozzarella Fior di Latte & caramelized onions
- OLIVES** ♡ ..... £X  
Italian country style marinated pitted olives

## TO SHARE

- MEDITERRANEAN PLATTER** ..... £17  
Parma ham, roast Italian ham, Italian spianata spicy salami, gorgonzola, buffalo mozzarella & olives with rosemary focaccia bread sticks
- VEGETARIAN PLATTER** ♡ ..... £17  
Grilled courgettes, aubergines, peppers & artichokes, olives, sun-blushed tomatoes & buffalo mozzarella with rosemary focaccia sticks
- FROTH & FLAME PLATTER** ..... £16  
Haggis bon bons, garlic bread, mozzarella sticks & houmous

## FISH, PASTA & BURGERS

- SEA BASS AL CARTOCCIO** ..... £17  
Sea bass fillet with roasted peppers, shallots, tomatoes, garlic, roquito chilli & drizzled with white wine, served with rosemary, truffle oil roasted potatoes & mix salad
- SPAGHETTI CARBONARA** ..... £17  
Handmade fresh egg spaghetti pasta with diced pancetta, cream & parmesan
- PENNE FROTH & FLAME** ..... £17  
Handmade fresh egg pasta with chicken, roquito chilli, saffron sauce, baby spinach & parmesan
- FUNGHI RISOTTO** ♡ ..... £16  
Carnaroli rice with wild mushrooms, baby spinach & parmesan
- CLASSIC LASAGNE** ..... £14  
Egg pasta sheets with beef ragu & creamy bechamel sauce topped with mozzarella Fior di Latte
- PENNE SALMON** ♡ ..... £17  
In a creamy sauce, served with broccoli & red pesto
- ANGUS BEEF BURGER** ..... £11.50  
Handmade beef burger with tomato, onion & rocket
- HOMEMADE VEGAN BURGER** ♡ ..... £11.50  
Aubergine, courgette, peppers & artichoke
- GF VEGETABLE LASAGNA** ♡G ..... £11.50  
Gluten free lasagne served with mixed salad, cherry tomatos & chips

## SALADS

- BISTECCA** ..... £19.50  
Rocket leaves dressed in olive oil with flat iron steak, sliced truffle, balsamic pearls, yellow cherry tomato confit, radish, carrot & pickled ginger
- POLLO** ..... £16  
Mixed salad leaves, roast chicken, potatoes, diced crispy pancetta, cherry tomatoes, a poached egg & our lemon, honey & mustard dressing
- VITALITY** ♡ ..... £15  
Mixed salad leaves, cherry tomatoes, roasted sweet potatoes & butternut squash, puy lentils, white & red quinoa, avocado, pomegranate seeds with a lemon & olive oil dressing
- SALMON AVOCADO** ..... £17  
Mixed salad leaves, cherry tomatoes, hot smoked salmon, avocado & mango dressing

## CLASSIC PIZZAS

Our Products Are From Naples, Italy. San Mazarno D.O.P. Mozzarella Fior Di Latte Buffalo Mozzarella D.O.P

- MARINARA** ♡ £8  
Tomato base, basil, garlic, oregano & olive oil
- MARGHERITA** ♡ £9  
Tomato base, basil, mozzarella & olive oil
- PROSCIUTTO & FUNGHI** £11.5  
Tomato base, prosciutto cotto, funghi, mozzarella & olive oil
- SARDA** £11.5  
Tomato base, salami & mozzarella
- VEGETARIANA** ♡ £12  
Tomato base, aubergine, courgette, peppers, artichoke, mozzarella & olive oil
- TRICOLORE** £12  
Tomato base, mozzarella, rocket, grana padano, prosciutto crudo & olive oil
- ROMANA** £12  
Tomato base, capers, olives, anchovies, mozzarella & olive oil
- FROTH & FLAME** £14  
Tomato base, mozzarella, rocket, olive oil, balsamic, flat iron steak, olives, sunblushed tomatoes, red onion & grana padano
- NAPOLI** £12  
Friarielli, fennel sausage, nduja & mozzarella
- QUATTRO FORMAGGI** £12  
Tomato base, mozzarella, goats cheese, gorgonzola, grana padano & olive oil
- PEPPERONI** £13  
Tomato base, mozzarella & pepperoni
- TRE CARNE** £17  
Tomato base, mozzarella, pancetta, chicken & pepperoni

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|----------------------------------|--------------------------------|--|
| Add Vegetable Topping..... £1.50 | Add Meat Topping..... £2.50    | Add Dip..... £2                          |
| Add Cheese..... £2               | Add Buffalo Mozzarella..... £3 | Sweet Chilli, Garlic Mayo or Green Pesto |

## SIDES

- BREAD BOARD** ♡ ..... £10  
Rosemary focaccia, garlic bread, cheesy garlic bread & rosemary breadsticks with olive oil & balsamic vinegar
- CAPRESE SALAD** ♡ ..... £9.50  
San Marzano cherry tomatoes, sliced buffalo mozzarella & basil leaves with a drizzle of olive oil & sweet balsamic vinegar
- ROCKET SALAD** ♡ ..... £6  
Rocket leaves & shaved parmesan cheese dressed in olive oil & sweet balsamic vinegar
- CHIPS** ♡ ..... £5
- FROTH & FLAME CHIPS** ♡ ..... £6  
With roquito chilli, spring onions & grated parmesan
- GARLIC BREAD** ♡ ..... £5  
Add Mozzarella £1.50
- SWEET POTATO CHIPS** ♡ ..... £6
- ONION RINGS** ♡ ..... £5

## DESSERTS

- SICILIAN LEMON TIRAMISU** ..... £8  
Lady fingers on limoncello, mascarpone cheese, egg & lemon curd
- PANNA COTTA** ..... £8  
Sweetened cream with white chocolate & Scottish raspberries thickened with gelatin
- CREMA DI LATTE** ..... £8  
Milk & creamy egg custard topped with roasted sugar
- GELATO** ..... £4 A SCOOP  
Vanilla / Chocolate / Strawberry / Honeycomb
- NUTELLA PIZZA** ♡ ..... £9  
Pizza with Nutella base topped with strawberries, mint & icing sugar
- PAULO'S CHOCOLATE BUN** ..... £8  
Your choice of gelato served on a chocolate bun

## KIDS

- CHICKEN NUGGETS & CHIPS** ..... £6
- MAC & CHEESE** ♡ ..... £8
- PIZZA MARGHERITA** ♡ ..... £6
- PIZZA PEPPERONI** ..... £7

## ALLERGENS

Please let our staff know of any food allergies or intolerances before ordering.  
**Important:** Nuts are used in the kitchen and while every effort possible will be made to ensure there is no cross contamination, we cannot guarantee trace amounts in other dishes.

♡ Vegetarian    N Contains Nuts    G Gluten Free

## GLUTEN FREE

Gluten free spaghetti or penne is available.  
Please allow 20 mins to cook & serve.

